

# TIPS FOR PARENTS

Students with disabilities are able to meet school challenges through support and encouragement from home and school. Research, history, and experience show that children who do better in school have parents who are actively involved in their child's education. Here are a few tips to help with school attendance and overall success.

- Make your child's education a family priority.
- Maintain a regular schedule for getting up, eating meals, studying and bedtime.
- Ensure that your child has a good breakfast before going to school and has a nourishing lunch at school.
- Control the amount of time spent on television, radio, video games, music or other distracting activities, especially during study times.
- Keep in touch with your child's progress in school. Encourage him/her to do his/her best and to ask for help when needed.
- Arrange to visit your child's school and become better acquainted with the teacher/s.
- Attend and participate in school meetings and programs.
- Uphold the school standards in conduct, dress and ideals.
- If your child does not want to attend school, find out why. If there is a problem, work together and with school staff to solve it.
- Ask for help if your child refuses to go to school. Talk to school staff to find out what resources are available.
- Make sure your child arrives to school on time. Some of the most important lessons happen at the beginning of the school day.
- Tell your children that you love them!